

Isagenix Multi-Enzyme Complex™

Advanced enzyme formula helps your body break down and absorb hard-to-digest foods.

Reasons why Isagenix Multi-Enzyme Complex is a revolutionary product:

- Isagenix Multi-Enzyme Complex is a proprietary enzyme formula that utilizes a full spectrum of specialized plant-based enzymes to help your body break down and absorb hard-to-digest foods, such as plant fibers, sugars, milk sugars, proteins and fats.
- The full range of specialized enzymes found in Isagenix Multi-Enzyme Complex helps to improve nutrient absorption and enzyme balance, providing greater overall health and digestive health.
- Isagenix Multi-Enzyme Complex helps you break down the difficult-to-digest complex carbohydrates to provide you with lasting energy.
- Contains Ionic Alfalfa™, our advanced super-charged blend of trace minerals which support the body's vital functions as well as digestion and regularity.
- All the enzymes found in Isagenix Multi-Enzyme Complex are derived from natural, vegetarian sources.



Supplement Facts	
Serving Size 1 Capsule	Servings Per Container 30
Amount Per Serving	% Daily Value*
Multi-Enzyme Complex 185mg	†
Protogenix™‡, Carbogenix™‡, Legugenix™‡, Lipagenix™ (lipase), Lactagenix™ (lactase), Cellugenix™ (phytase), amyloglucosidase, Ionic Alfalfa™.	
* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established. ‡ Protected under patent nos. 5,387,422, 5,817,350, and 5,436,003.	

Other ingredients: Maltodextrin, vegetable capsule, magnesium stearate.

Isagenix Multi-Enzyme Complex™

Frequently Asked Questions

What makes Isagenix Multi-Enzyme Complex unique?

Isagenix Multi-Enzyme Complex is a revolutionary proprietary enzyme formula that utilizes a full spectrum of enzymes to help your body break down and absorb hard-to-digest foods such as plant fibers, sugars, milk sugars, proteins and fats. It increases absorption of nutrients for improved health. Multi-Enzyme Complex contains three proprietary enzymes that are exclusive to Isagenix: Protogenix (increases amino acid absorption up to 80%), Carbogenix (increases amount of glycogen in muscles for them to work more efficiently) and Legugenix (breaks down fat).

How do I use Isagenix Multi-Enzyme Complex?

As part of your Isagenix system, take at least one capsule daily, ideally 30–60 minutes prior to your largest meal. For greater benefits, take one capsule prior to every non-IsaLean meal for enhanced nutrient absorption. You can also take one with your IsaLean® Shake or Soup to enhance the enzyme benefits already found in these complete meals.

Why do I need Isagenix Multi-Enzyme Complex?

More than 87% of people report having digestive issues. The full range of enzymes found in Isagenix Multi-Enzyme Complex offers a complete solution for improved nutrient absorption, providing greater overall health and digestive health.

How does Isagenix Multi-Enzyme Complex enhance Nutritional Cleansing?

Isagenix Multi-Enzyme Complex can help restore your natural enzymatic balance to improve the body's ability to receive the nutrients it needs.

How does Isagenix Multi-Enzyme Complex help me have longer-lasting energy?

Carbohydrates are the primary nutrients that fuel the body's energy production. Unfortunately, they are difficult to digest. Isagenix Multi-Enzyme Complex helps you break down complex carbohydrates to provide you with lasting energy.

How does Isagenix Multi-Enzyme Complex help me build muscle?

By helping your body digest protein, Isagenix Multi-Enzyme Complex increases your absorption of amino acids, which helps you build quality muscle faster.*

Can I take Isagenix Multi-Enzyme Complex and FiberPro together?

Yes. These products work in conjunction to promote overall improved digestive health.*

What other Isagenix products include enzymes?

The IsaLean Shakes and Soups also include enzymes. Isagenix Multi-Enzyme Complex offers enzyme support for your non-IsaLean meals and additional enzyme support for your shakes and soups.

Contact your Isagenix® Independent Associate:



*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any diseases.